

# REMINDER OF THE USEFUL INFORMATION

Dear Team manager,

**TO FORWARD TO YOUR TEAMMATES**: Saturday 23 August, the 16<sup>th</sup> edition Škoda 24 Hours Cycling of Le Mans will start on the Bugatti circuit. We remind you that your participation implies that you have all read the Race Rules at your disposal on <a href="https://www.24heuresvelo.fr/en/">www.24heuresvelo.fr/en/</a>! You will also find the weekend timing, the circuit map, the entry list, and the latest race information.

#### Withdrawal of circuit access and bib numbers

- The circuit accesses will be to be collected at the entrance of the reception area of the Houx (see map) at the following times:
  - Complete applications: Friday 22 August from 12am to 8pm and Saturday 23 august from 8.30am to
     11am
  - INCOMPLETE APPLICATIONS: Friday August 22 from 6pm to 8pm and Saturday August 23 from 8:30 am to 11 am
- Only the team representative or one of the riders, can collect the team's bibs and gift bags at one time, and upon presentation of his identity card (photocopy or digital version accepted).
- By announcing his bib number at the control tables, he will be given the wristband access, vehicle stickers, bibs, coat hanger plates, electronic chip, gift bags, as well as a "Dépôt Minute" (quick drop-off) card.
- He wil sign an attestation of honour (you can download here) on the spot committing him to give the bibs and
  access only to the duly registered persons, meaning those appearing on the list of the engaged ones.
- o Gift bags can be collected from the village on presentation of your bib, plate or the text received by the team leader indicating your bib number:
  - Friday from 6pm to 8pm
  - Saturday from 8am to 1pm and from 5pm to 8pm
  - Sunday from 10am to 12pm
- The chips return will be done immediately after the rider has crossed the finish line.

### Circuit access for « Contestants and Staff Members »

- o Access to the circuit is authorized from 12am on Friday (GPS coordinates: Lat 47.952484 x Lon 0.21919)
- o By the «Contestants entrance » and upon presentation of (see map):
  - · Wristbands correctly adjusted
  - Sticker for each vehicle, stuck on the windshield
- VEHICLE ACCESS: there won't be any added vehicle access sales on site (reminder of the number of authorized vehicles per team here). Free parking will be available. Think about carpooling!

# Houx Campsite

 Installation is free and will be based on arrival times from 12am on Friday 22 August (Departure on Monday at 12am at the latest)

#### Dépôt minute

- o For your safety, any vehicles other than those of the organization are prohibited in the Village/Paddock area.
- A parking lot called "Dépôt Minute" will allow you to drop off your equipment near the paddock entrance in a limited time from 7.30am to 12.30am on Saturday.
- IMPORTANT: One "Dépôt Minute" access by team will be delivered. Only vehicles showing it will be allowed to get in the Dépôt Minute dropping area.

#### Paddock installation

- o Your **box number** is available on the website (entry list)
- o Paddock access will be open from 7.30am on Saturday.
- You will share your box with several teams.
- IMPORTANT: Your box is a waiting area before your relay and not a place to live for the whole team. It is prohibited to smoke, to use cooking appliances (electric hob, gas stove, grill...) in the box.
  NOTE: additional Paddock access (€35 / pers) for sale on site.

# o Pit Equipment

- A screen to follow the ranking.
- Water and electricity access: 2 electrical outlets of 220V and 6 of mono-phase 16 A adopted European standards (blue) in mono.

NOTE: it is advised to bring adapters and power strips.

- o Barriers located just behind your stand are available to drop your bikes.
- o **IMPORTANT:** It is recommended for each rider to **bring a lock.**

#### Cyclists' warming-up

 For safety reasons, it is forbidden for riders to warm up on their bike behind the pits outside of the 2 dedicated areas (see map).

### Studying the racetrack (Saturday from 9.15am to 10.15 am)

- We advise everyone to make at least one lap before the race.
- o On top of that, a mandatory briefing will take place in the pit grandstand from 11:30am to 12:15pm.

### Timing and ranking

- o The ranking will be updated lap by lap with the chip of your team.
- o The chip is the baton that riders pass to each other in each relay.
- Be sure to attach it correctly on your <u>right ankle</u> and to pass correctly over the timing loops on the track and in the pits!

# Relay and Pit lane

- IMPORTANT: Your speed in the pits will be automatically controlled with your chip. To ensure everyone's safety, you must respect the <u>20km/h maximum speed</u> under penalty of sporting sanctions.
- Relays will take place in the pit lane, in front of your respective pit. A reminder will be made at the briefing!
- o Three lanes will be constructed:
  - 1- "Arrival zone" for the competitor who finishes his outgoing relay: he gives his chip and comes back in his pit.
  - 2- "Waiting zone" for the competitor who will take over (there is no point in being there too early!)
  - 3- "Departure zone" for the competitor who begins his relay.

#### Refuel and physio area

- o A box (no. 25) will be available in the Paddock (coffee, fruit, etc.).
- Plastic bottles will no longer be distributed because of our eco-friendly approach. Drinking water is available
  in the boxes
- We invite you to provide your own food supplies because the race is long. Think about sodium tablets to fight against dehydration.
- Student physiotherapists will offer massages to help you recover between relays. You can go in lounges 121-123 from Saturday 3pm until the finish.

#### Lighting

- The circuit will be fully lit at night.
- Competitors must nevertheless set a <u>non-flashing red light</u> visible from the rear for the night.
- o Do not forget your batteries!

#### Environnement

 Race rules prohibit throwing garbage on the track; it is a matter of safety and cleanliness. A rider caught in the act will be punished.

### La Matinale Le Maine Libre – Le Département de la Sarthe

- La Matinale Le Maine Libre, for visitors and companions, is a one-hour bike ride on the trail.
- o It will take place as a curtain-raiser for the Škoda 24 hours cycling on Saturday 23 August from 10:30 am to 11:30 am: the pace must be moderate and the helmet is mandatory for everyone!
- o Registration will be made on site at the shop/reception on Saturday morning from 8am to 11am (€10/pers., free for children under 10 years accompanied by an adult Information on <a href="https://www.24heuresvelo.fr/en/">https://www.24heuresvelo.fr/en/</a>).

## Excess / Risks of falls

You must be vigilant on the track to avoid falls during the race. The effort is challenging and inequalities between participants are significant (soloist vs team or experienced vs novice). It is recommended for beginners to keep to their right and to not zigzag. IMPORTANT: The fastest must notify the slowest of their arrival and communicate with gesture or speech, especially in a peloton.

#### Insurance

- We have signed a contract for personal accident insurance for French unlicensed and foreign competitors included in the registration fees. Details of guarantees are available by order.
- For more guarantees, we invite you to contact your insurance. However, it is advised to check any participant coverage before participation.